

# Rejuvenative Foods

Delicious  
Cultured

SHREDDED

# raw sauerkraut

FRESH-PURE

100%  
Organic

RAW  
ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD  
ARTISAN PROBIOTIC

ROYAL HIMALAYAN PINK CRYSTAL-SALTED  
A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

Net Wt. 15 oz (428g)

Keep refrigerated, unless in transit for under 9 days below 77 degrees F

**INGREDIENTS:** Organic cabbage, Himalayan Salt®

**THIS RAW SHREDDED SAUERKRAUT** is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. This Live Raw Sauerkraut is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. **TO PROLONG QUALITY:** Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food flat. Swiftly replace the lid and refrigerate. **SERVING SUGGESTIONS:** Eat as condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings. **\*ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



**SUPERIOR QUALITY**  
*Eat This • Feel Better  
or Your Money Back!*  
(See our web site)

**Rejuvenative Foods**

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Certified Organic by OneCert

Made in the USA

**\*Recipes & health facts at  
www.rejuvenative.com**

## Nutrition Facts

Serving Size: 100g (7 tbsps)  
Servings per container: about 4

### Amount Per Serving

**Calories 25    Fat Cal. 5**

**Total Fat** 0.5g    1%

Saturated Fat 0g    0%

Trans Fat 0g

**Cholesterol** 0mg    0%

**Sodium** 1410mg    59%

**Total Carbs** 4g    1%

Dietary Fiber 5g    20%

Sugars 0g

**Protein** 1g

Vitamin A 0% • Vitamin C 130%

Calcium 2% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

