

**INGREDIENTS:** "Raw" mechanically hulled sesame seeds & fresh, raw honey. This Raw Halvah is freshly ground two or three times to keep the temperature low enough to retain enzymes and life energy. It is then immediately refrigerated, and is guaranteed to taste better than roasted and/or ground nut and seed butters. Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, raw cultured vegetables. We call this food "Raw" because we grind "raw" sesame seeds at a low temperature. These and all mechanically hulled sesame seeds are soaked in water and then warm-temperature dried. Our other nut and seed butters are truly raw. ALLERGEN WARNING: This product contains sesame seeds and honey

Nutritional information Typical values per 100g

Energy: 2322kj, 554kcal Protein: 19.6g Carbohydrates: 26.3g of which sugars 17.8g 45.0g of which saturates 7.0g Fibre 1.7g Sodium Trace

## ALSO AVAILABLE:

Assorted flavours of Fresh. Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables - salt-free or with sea salt - including Vegi-Delite, Live Zing Salad, and Kim-Chi (delicious & healthful)

**SUPERIOR QUALITY!** Satisfaction Guaranteed or Your Money Back! (contact us)

**Reiuvenative Foods** P.O. Box 8464 Santa Cruz, CA 95061

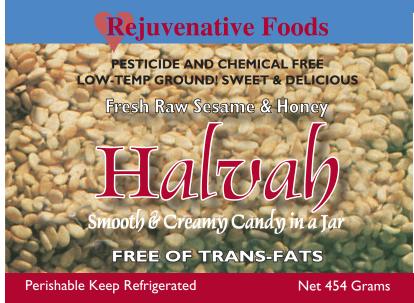
(831) 457-2418 www.rejuvenative.com Made in U.S.A.

Pesticide and Chemical Free

DISTRIBUTED BY: Red23 Ltd., 5 Abridge Mews, Market Place, Abridge, Essex, RM4 1BA 01992 815 859 www.red23.co.uk



100% PURE because we clean our machines between batches



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