

Rejuvenative Foods



Perishable Keep Refrigerated

Net Wt. 454 Grams

INGREDIENT: Raw Hazel Nuts (100%)

We make our raw Hazel Nut Butter by grinding hazel nuts four or more times (from sproutable and/or fresh hazel nuts). Slow, repetitive grinding and cooling keeps the temperature low enough to retain enzymes and life energy. We then refrigerate it immediately to bring you a product that is truly superior, healthful and full of life energy!

Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, cultured vegetables. This Fresh, Raw Hazel Nut Butter also tastes great with Raw Cultured Vegetables in a bowl or on your sandwich.

ALLERGEN WARNING: This product contains hazel nuts.

Nutrition information Typical values per 100g

Energy:	2685kj, 650kcal
Protein:	14.1g
Carbohydrates:	6.0g
of which sugars	4.0g
Fats	63.5g
of which saturates	4.7g
Fibre	6.5g
Sodium	Trace

ALSO AVAILABLE:
Assorted flavours of Fresh, Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables - salt-free or with sea salt - including Vegi-Delite, Live Zing Salad, and Kim-Chi (delicious & healthful)

SUPERIOR QUALITY!
*Satisfaction Guaranteed
or Your Money Back!*
(contact us)

Rejuvenative Foods

P.O. Box 8464
Santa Cruz, CA 95061
(831) 457-2418

www.rejuvenative.com

Pesticide and Chemical Free
Made in U.S.A.

DISTRIBUTED BY:
Red23 Ltd, 5 Abridge
Mews Market Place
Abridge, Essex, RM4 1BA
01992 815 859
www.red23.co.uk



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DATE OF ORIGIN: 1/15/06

AUTHOR: Sandy Hughes

100% PURE because we clean our machines between batches