



Rejuvenative Foods

Vegan

PESTICIDE AND CHEMICAL FREE  
LOW-TEMP GROUND!

# PUMPKIN SEED BUTTER



Net Wt. 454 Grams

**INGREDIENT:** Raw hulled pumpkin seeds. (100%)

This raw pumpkin seed butter is freshly ground several times to keep the temperature low enough to retain enzymes and life energy; it's then immediately refrigerated. Therefore, it's healthful and full of life energy for you. **Serving Suggestions:** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, cultured vegetables. This Fresh Raw Pumpkin Seed Butter also tastes great with Raw Cultured Vegetables in a bowl or on your sandwich.

ALLERGEN WARNING: This product contains pumpkin seeds.

Nutritional information  
Typical values per 100g

Energy:	2383kj, 565kcal
Protein:	24.0g
Carbohydrates:	15.0g
of which sugars	1.1g
Fats	44.0g
of which saturates	7.0g
Fibre	5.3g
Sodium	Trace

**ALSO AVAILABLE:**  
Assorted flavours of Fresh, Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables - salt-free or with sea salt - including Vegi-Delite, Live Zing Salad, and Kim-Chi (delicious & healthful)

**SUPERIOR QUALITY!**  
*Satisfaction Guaranteed or Your Money Back!*  
(contact us)

**Rejuvenative Foods**  
P.O. Box 8464  
Santa Cruz, CA 95061  
(831) 457-2418  
[www.rejuvenative.com](http://www.rejuvenative.com)  
Pesticide and Chemical Free  
Made in U.S.A.

DISTRIBUTED BY:  
Red23 Ltd., 5 Abridge  
Mews Market Place  
Abridge, Essex, RM4 1BA  
01992 815 859  
[www.red23.co.uk](http://www.red23.co.uk)



**100% PURE** because we clean our machines between batches



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