

Rejuvenative Foods

PESTICIDE AND CHEMICAL FREE
LOW-TEMP GROUND!

Luscious Seed & Nut Spread



FREE OF TRANS-FATS

Net Wt. 227 Grams

INGREDIENTS: Almonds, sunflower seeds, and sesame seeds.

This raw seed and nut butter is freshly ground multiple times (from sproutable and/or raw nuts and seeds) to keep the temperature low enough to retain enzymes and life energy, it's then immediately refrigerated. Therefore, it's healthful and full of life energy for you. **SERVING SUGGESTIONS** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papayas, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, Raw Cultured Vegetables. This Fresh, Raw Luscious Seed & Nut Butter tastes great with Raw Cultured Vegetables in a bowl or on your sandwich. May contain almond or sunflower seed shells. **Recommended Reading:** *The Maker's Diet* by Jordan S. Rubin, *Body Ecology Diet* by Donna Gates; *Healing with Whole Foods* by Paul Pitchford; *Detoxification* by Linda Page, Ph.D.; *Conscious Eating* by Gabriel Cousens, MD.

100% PURE because we clean our machines between batches

SUPERIOR QUALITY!
*Satisfaction Guaranteed
or Your Money Back!*
(contact us)

ALSO AVAILABLE:
Assorted flavours of Fresh, Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables - salt-free or with sea salt - including Vegi-Delite, Live Zing Salad, and Kim-Chi (delicious and healthful)

ALLERGEN WARNING: This product contains almonds, sunflower seeds, and sesame seeds.

Nutritional information
Typical values per 100g

Energy:	2568kj, 618kcal
Protein:	22.6g
Carbohydrates:	11.8g
of which sugars	2.67g
Fats	54.9g
of which saturates	7.9g
Fibre	4.9g
Sodium	Trace



Rejuvenative Foods

P.O. Box 8464
Santa Cruz, CA 95061
(831) 457-2418

www.rejuvenative.com
Pesticide and Chemical Free
Made in U.S.A.

DISTRIBUTED BY:
Red23 Ltd., 5 Abridge
Mews, Market Place,
Abridge, Essex, RM4 1BA
01992 815 859

www.red23.co.uk

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