# **Rejuvenative Foods** PESTICIDE AND CHEMICAL FREE LOW-TEMP GROUND! **REE OF TRANS-FATS**

Net Wt. 227 Grams

## **INGREDIENT:** Pecans (100%)

We make our raw Pecan Butter by grinding pecans four or more times (from sproutable and/or fresh pecans ). Slow, repetitive grinding and cooling keeps the temperature low enough to retain enzymes and life energy. We then refrigerate t immediately to bring you a product that is truly superior, healthful and full of life energy! Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, cultured vegetables. This Fresh, Raw Pecan Butter also tastes great with Raw Cultured Vegetables in a bowl or on your sandwich. Recommended Reading: The Maker's Diet by Jordan S. Rubin, Body Ecology Diet by Donna Gates; Healing with Whole Foods by Paul Pitchford; Detoxification by Linda Page, Ph.D.; Conscious Eating by Gabriel Cousens, MD.

100% PURE because we clean our machines between batches

#### SUPERIOR OUALITY! Satisfaction Guaranteed or Your Money Back! (contact us)

ALSO AVAILABLE: Assorted flavours of Fresh, Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables - salt-free or with sea salt - including Vegi-

ALLERGEN WARNING:

This product contains pecans,

of which sugars 4.3g Fats 70.lg of which saturates 5.7g Fibre Delite, Live Zing Salad, and Sodium Trace Kim-Chi (delicious and healthful)

Carbohydrates:

Energy:

Protein:

Nutrition information

Typical values per 100g

2843kj, 689kcal

9.2g

5.8g

4.7g

#### **Rejuvenative Foods** P.O. Box 8464 Santa Cruz, CA 95061 Made in U.S.A. (831) 457-2418 www.rejuvenative.com Pesticide and Chemical Free

DISTRIBUTED BY: Red23 Ltd., 5 Abridge Mews, Market Place, Abridge, Essex, RM4 1BA 01992 815 859 www.red23.co.uk

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Assorted flavours of Fresh,

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