

## Rejuvenative Foods

PESTICIDE AND CHEMICAL FREE  
LOW-TEMP GROUND!

# Fresh Raw Tahini

FREE OF TRANS-FATS

Net Wt. 227 Grams

**INGREDIENT:** "Raw" mechanically hulled sesame seeds. (100%)

**Serving Suggestions:** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, raw cultured vegetables. For that matter, this Fresh, Raw Tahini tastes great with Raw, Cultured Vegetables in a bowl or on your sandwich. We call this "Raw" Tahini because we grind "raw" sesame seeds at a low temperature. These and all mechanically hulled sesame seeds are soaked in water and then warm-temperature dried. Our other nut and seed butters are truly raw. **Recommended Reading:** *The Maker's Diet* by Jordan S. Rubin, *Body Ecology Diet* by Donna Gates; *Healing with Whole Foods* by Paul Pitchford; *Detoxification* by Linda Page, Ph.D.; *Conscious Eating* by Gabriel Cousens, MD.

**100% PURE** because we clean our machines between batches

**SUPERIOR QUALITY!**  
*Satisfaction Guaranteed  
or Your Money Back!*  
(contact us)

**ALSO AVAILABLE:**  
Assorted flavours of Fresh, Raw Nut Butters, Seed Butters, and Mixtures (refrigerated and dated); Raw Cultured Vegetables salt-free or with sea salt - including Vegi-Delite, Live Zing Salad, and Kim-Chi (delicious and healthful)

**ALLERGEN WARNING:**  
This product contains sesame seeds.

Nutritional information  
Typical values per 100g

Energy:	2650kj, 634kcal
Protein:	25.4g
Carbohydrates:	11.3g
of which sugars	0.3g
Fats	58.6g
of which saturates	9.2g
Fibre	2.2g
Sodium	Trace



## Rejuvenative Foods

P.O. Box 8464  
Santa Cruz, CA 95061  
(831) 457-2418

[www.rejuvenative.com](http://www.rejuvenative.com)  
Pesticide and Chemical Free  
Made in U.S.A.

DISTRIBUTED BY:  
Red23 Ltd., 5 Abridge  
Mews, Market Place,  
Abridge, Essex, RM4 1BA  
01992 815 859  
[www.red23.co.uk](http://www.red23.co.uk)

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