

INGREDIENT: Raw, mechanically hulled, organic black sesame seeds To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh black sesame seeds 4 or more times and then refrigerate. Black sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). SERVING **SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, Rejuvenative Foods garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Santa Cruz, CA 95061 Use in tortillas, sushi, raw food rolls & burritos. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, Certified Organic by OneCert including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



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*Recipes & health facts at www.rejuvenative.com

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

Amount Per Serving	
Calories 86	
Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Img	0%
Total Carbs 3.9g	1%
Dietary Fiber 1.4g	6%
Sugars less than Ig	
Protein 2.7g	5%
Vitamin A 0% • Vitamin C 0%	

Calcium 6% • Iron 2%

Percent Daily Values are based on a 2.000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs



100% PURE because we clean our machines between batches