

**INGREDIENT:** Organically grown brazil nuts

To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of Brazil nuts 4 or more times and then refrigerate. Brazil nuts are a source of protein, selenium, magnesium and thiamine.\* This Raw Brazil Nut Butter is more readily digestible than whole dry brazil nuts because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces. Use in sushi and raw food rolls. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; superfresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



## SUPERIOR QUALITY!

Satisfaction Guaranteed or Your Money Back! (See our web site)

## Rejuvenative Foods P.O. Box 8464 Santa Cruz, CA 95061

(831) 462-6715 (800) 805-7957

Certified Organic by OneCert Made in the USA

\*Recipes & health facts at www.rejuvenative.com 0 4 5 6 2 6

## **Nutrition Facts**

Serving Size 1 Tbsp (14g) Servings per container about 36

Amount Per Serving	
Calories 92 Fat Cal.	
Total Fat 7g	11%
Saturated Fat 2.1g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0g	0%
Total Carbs 1.7g	1%
Dietary Fiber 1.1g	4%
Sugars less than Ig	

Protein 2g 49
Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



100% PURE because we clean our machines between batches