

ORGANIC INGREDIENTS: Raw mechanically hulled hemp seeds, sesame seeds & fresh, raw honey. To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of the listed ingredients 4 or more times and then refrigerate. **SERVING SUGGESTIONS:** Satisfy your sweet tooth! Delicious by itself as a dessert or snack. As a topping, scoop onto your favorite frozen dessert or a bowl of fresh fruit such as apples, bananas or papaya. Stuff into dates or dried figs. Smooth onto rice cakes or bread. ALSO AVAILABLE, organic Rejuvenative Foods and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure Santa Cruz, CA 95061 and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp Certified Organic by OneCert processed health oils to consume and apply externally; and healthfully sweetened chocolate spreads that are *Recipes & health facts at guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY

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Made in the USA

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Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

Amount Per Serving	
Calories 68	
Total Fat 4g	6%
Saturated Fat 0.63g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 4g	0%
Total Carbs 6g	2%
Dietary Fiber 0.7g	3%
Sugars 4.2g	
Protein 2.2g	4%
Vitamin A 0% • Vitamin C 0%	

Calcium 3% • Iron 29% Percent Daily Values are based on a 2,000



100% PURE because we clean our machines between batches