

INGREDIENT: Organic sunflower seeds

To make this superior, creamy, healthy and full of life energy, we lowtemperature grind, then cool small batches of fresh sunflower seeds 4 or more times and then refrigerate. Sunflower seeds are a source of protein, calcium, iron, potassium, Vitamin E and essential fatty acids*. This Raw Sunflower Butter is more readily digestible than whole dry sunflower seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Rejuvenative Foods Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. ALSO AVAILABLE, organic Santa Cruz, CA 95061 and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; Certified Organic by OneCert super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY! Satisfaction Guaranteed or Your Money Back! (See our web site)

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Made in the USA

*Recipes & health facts at www.rejuvenative.com 0

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

12	Amount Per Serving	
7	Calories 93 Fat Cal.	72
7	Total Fat 8g	2%
1	Saturated Fat 0.8g	4%
1	Trans Fat 0g	
7	Cholesterol Omg	0%
3	Godium Omg	0%
7	Total Carbs 4.4g	2%
1	Dietary Fiber 1g	4%
1	Sugars less than 1g	
Ī	Protein 3g	6%
1	/itamin A 0% • Vitamin C	1%
	Calcium 2% • Iron 4%	



100% PURE because we clean our machines between batches