

# Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!

Fresh Raw

**Luscious**  
Seed & Nut Spread

ARTISAN

AVEGAN, GMO-FREE AND GLUTEN-FREE FOOD

Net Wt. 4 oz (114g)

For Best Quality, Keep refrigerated

100% PURE because we clean our machines between batches

**ORGANIC INGREDIENTS:** Almonds, sunflower seeds and sesame seeds

To make this superior, creamy, delicious, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh almonds, sunflower and sesame seeds 4 or more times and then refrigerate. This Luscious Seed & Nut Spread is more readily digestible than whole dry nuts and seeds because it is ground up (smaller particles are more assimilable). **SERVING**

**SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos.

**SUPERIOR QUALITY!** *Satisfaction Guaranteed or Your Money Back! (See our web site)*



Rejuvenative Foods

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Certified Organic by OneCert

Made in the U.S.A.

Recipes & health facts at

\*[www.rejuvenative.com](http://www.rejuvenative.com)

