

**INGREDIENTS:** "Raw," organic, mechanically hulled sesame

seeds & fresh, raw honey. This Raw, Organic, Halvah is freshly ground two or three times to keep the temperature low enough to retain enzymes and life energy. t is then immediately refrigerated, and is guaranteed to taste better than roasted and/or ground nut and seed butters. Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, raw cultured vegetables. We call this food "Raw" pecause we grind "raw" sesame seeds at a low temperature. These and Protein 2g all mechanically hulled sesame seeds are soaked in water and then warmtemperature dried. Our other nut and seed butters are truly raw.

#### **Nutrition Facts**

Serving Size | Tbsp (14g) Servings per container about 18

oer rings per container as	out 10
Amount Per Serving	
Calories 81	
Total Fat 5.6g Saturated Fat .8g	9% 4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 9mg	0%
Total Carbs 7g	2%
Dietary Fiber 1.1g	4%
Sugars less than 4g	

Vitamin A 0% • Vitamin C 0% Calcium 5% • Iron 2%

### **Rejuvenative Foods**

P.O. Box 8464 Santa Cruz, CA 95061 (800) 805-7957 (831) 462-6715

www.rejuvenative.com

Certified Organic by Monterey County Certified Organic Made in U.S.A.



**SUPERIOR QUALITY!** Satisfaction Guaranteed or Your Money Back! (see our web site)



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Net Wt. 8 oz. 100% PURE because we clean our machines between batches

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