

Rejuvenative Foods
100% Organic
 LOW-TEMP GROUND!
Fresh Raw
Tahini
 ARTISAN VEGAN
 A TRANS-FAT-FREE AND GLUTEN-FREE FOOD
 For Best Quality Keep Refrigerated Net Wt. 8 oz. (227g) **100% PURE** because we clean our machines between batches

ORGANIC INGREDIENT: Raw mechanically hulled sesame seeds
 To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh sesame seeds 4 or more times and then refrigerate. Sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos.

Nutrition Facts	
Serving Size 1 Tbsp (14g)	
Servings per container about 18	
Amount Per Serving	
Calories 86	
Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 11mg	1%
Total Carbs 3.9g	1%
Dietary Fiber 1.4g	6%
Sugars less than 1g	
Protein 2.7g	5%
Vitamin A 0% • Vitamin C 0%	
Calcium 6% • Iron 2%	

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods
 P.O. Box 8464
 Santa Cruz, CA 95061
 (831) 462-6715
 (800) 805-7957
 Certified Organic by OneCert
 Made in U.S.A.
 *Recipes & health facts at
www.rejuvenative.com
 0 45626 08110 1

**FRESH-LIVE
 OVER 25 YEARS
 ORGANIC**
**SUPERIOR
 QUALITY!**
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 Guaranteed
 or Your
 Money Back!
 (see our web site)

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