

Rejuvenative Foods

100% Organic

Vegan

Luscious Seed & Nut Spread

LOW-TEMP GROUND! FRESH AND RAW
FREE OF TRANS-FATS AND GLUTEN

For Best Quality, Keep Refrigerated Net Wt. 8 oz.

INGREDIENTS: Almonds, sunflower seeds and sesame seeds
This raw seed and nut butter is freshly ground multiple times (from sproutable and/or raw nuts and seeds) to keep the temperature low enough to retain enzymes and life energy, it's then immediately refrigerated. Therefore, it's healthful and full of life energy for you. **SERVING SUGGESTIONS:** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papayas, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, Raw Cultured Vegetables. This Fresh, Raw Luscious Seed & Nut Butter tastes great with Raw Cultured Vegetables in a bowl or on your sandwich. May contain almond or sunflower seed shells).

100% PURE because we clean our machines between batches

Nutrition Facts

Serving Size 1 Tbsp (14g)

Servings per container about 18

Amount Per Serving 1 tbsp

Calories 55

Total Fat 4.5g 7%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 3mg 0%

Total Carbs 2.1g 1%

Dietary Fiber 1g 4%

Sugars less than 1g

Protein 2g 4%

Vitamin A 0% • Vitamin C 0%

Calcium 3% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods

P.O. Box 8464
Santa Cruz, CA 95061
(800) 805-7957
(831) 462-6715

www.rejuvenative.com

Certified Organic by
Monterey County Certified Organic
Made in U.S.A.



SUPERIOR QUALITY!
Satisfaction
Guaranteed
or Your Money
Back!

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