

## Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!  
Fresh Raw Sesame & Honey  
Smooth & Creamy Candy in a Jar

# Halvah

ARTISAN  
A TRANS-FAT-FREE AND GLUTEN-FREE FOOD

Net Wt. 8 oz. (227g) For Best Quality Keep Refrigerated **100% PURE** because we clean our machines between batches

**INGREDIENTS:** "Raw," organic, mechanically hulled sesame seeds & fresh, raw honey.

This Raw, Organic, Halvah is freshly ground two or three times to keep the temperature low enough to retain enzymes and life energy. It is then immediately refrigerated, and is guaranteed to taste better than roasted and/ or ground nut and seed butters. **SERVING SUGGESTIONS:** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, raw cultured vegetables. We call this food "Raw" because we grind "raw" sesame seeds at a low temperature. These and all mechanically hulled sesame seeds are soaked in water and then warm-temperature dried. Our other nut and seed butters are truly raw.

### Nutrition Facts

| Serving Size 1 Tbsp (14g)       |    |
|---------------------------------|----|
| Servings per container about 18 |    |
| Amount Per Serving              |    |
| <b>Calories</b> 81              |    |
| <b>Total Fat</b> 5.6g           | 9% |
| Saturated Fat .8g               | 4% |
| Trans Fat 0g                    |    |
| <b>Cholesterol</b> 0mg          | 0% |
| <b>Sodium</b> 9mg               | 0% |
| <b>Total Carbs</b> 7g           | 2% |
| Dietary Fiber 1.1g              | 4% |
| Sugars less than 4g             |    |
| <b>Protein</b> 2g               | 4% |
| Vitamin A 0% • Vitamin C 0%     |    |
| Calcium 5% • Iron 2%            |    |

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

## Rejuvenative Foods

P.O. Box 8464  
Santa Cruz, CA 95061  
(831) 462-6715  
(800) 805-7957

Certified Organic by OneCert  
Made in U.S.A.

\*Recipes & health facts at  
[www.rejuvenative.com](http://www.rejuvenative.com)



**SUPERIOR QUALITY!**  
Satisfaction Guaranteed  
or Your Money Back!  
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