


Rejuvenative Foods
100% Organic
LOW-TEMP GROUND!
Fresh Raw Tahini
ARTISAN
A VEGAN, TRANS-FAT-FREE
AND GLUTEN-FREE FOOD

INGREDIENT: Raw mechanically hulled, organic sesame seeds
To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh sesame seeds 4 or more times and then refrigerate. Sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos.


Nutrition Facts
Serving Size 1 Tbsp (14g)
Servings per container about 18
Amount Per Serving
Calories 86
Total Fat 7g 11%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 11mg 1%
Total Carbs 3.9g 1%
Dietary Fiber 1.4g 6%
Sugars less than 1g
Protein 2.7g 5%
Vitamin A 0% • Vitamin C 0%
Calcium 6% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957
Certified Organic by
Monterey County Certified Organic
Made in U.S.A.
***Recipes & health facts at
www.rejuvenative.com**



0 45626 08110 1



SUPERIOR QUALITY!
Satisfaction Guaranteed or Your Money Back!
(see our web site)

For Best Quality Keep Refrigerated Net Wt. 8 oz. (227g) 100% PURE because we clean our machines between batches


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