

ORGANIC INGREDIENT: Raw mechanically hulled hemp seeds. To make this superior, creamy, delicious, healthful and full of life energy, LOW-TEMP we low-temperature grind, then cool small batches of raw hulled hemp seeds 4 or more times and then refrigerate. This raw hemp seed butter is more readily digestible than whole dry hemp seeds because it is ground up (smaller particles are more assimilable). SERVING **SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains TRANS-FATEREEAND GLUTEN-FREE FOOD, and beans. Use in tortillas, sushi, raw food rolls & burritos. Net Wt. 8 oz. (227g) For Best Quality Keep Refrigerated 100% PURE because we clean our machines between batches

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 18

Amount Per Serving	
Calories 55 Fat 0	Cal 36
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0g	0%
Total Carbs Ig	0%
Dietary Fiber 0.5g	2%
Sugars less than Ig	
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Vitamin A 0% • Vitamin C 0% Calcium 1% • Iron 28%

Rejuvenative Foods

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*Recipes & health facts at www.rejuvenative.com



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