## **Rejuvenative Foods**

100% Organic LOW-TEMP GROUND! FRESH RAW

**ORGANIC INGREDIENTS:** Sesame seeds and chia seeds.

To make this superior, creamy, delicious, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh sesame seeds and chia seeds 4 or more times and then refrigerate. This Sesame & Chia Seed Spread is more readily digestible than whole dry seeds because it is ground up (smaller particles are more assimilable). SERVING SUGGESTIONS: Delicious by itself, on rice cakes or

bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos.

**Rejuvenative Foods** P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

Made in U.S.A. \*Recipes & health facts at Guaranteed www.rejuvenative.com

Certified Organic by OneCert

**QUALITY.** Satisfaction or your

**SUPERIOR** 

Money Back. (See our web site)

Net Wt. 8 oz. (227g) For Best Quality Keep Refrigerated 100% PURE because we clean our machines between batches