

ORGANIC INGREDIENT: Sunflower seeds.

To make this superior, creamy, healthy and full of life energy, we low temperature grind, then cool small batches of fresh sunflower seeds 4 or more times and then refrigerate. Sunflower seeds are a source of protein, calcium, iron, potassium, Vitamin E and essential fatty acids*. This Raw Sunflower Butter is more readily digestible than whole dry sunflower seeds because it is ground up (smaller particles are more assimilable). SERVING SUGGESTIONS: Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. VEGAN Delicious with Raw Cultured Vegetables and as an enhancement to sauces, ATRANS FATERREE AND GLUTEN FREE FOOD rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos.

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 18

Amount Per Serving	
Calories 93	
Total Fat 8g	12%
Saturated Fat 0.8g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbs 4.4g	2%
Dietary Fiber 1g	4%
Sugars less than Ig	
Protein 3g	6%
Vitamin A 0% • Vitamin	C 1%
Calcium 2% • Iron 4%	

Rejuvenative Foods

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Made in U.S.A. *Recipes & health facts at www.rejuvenative.com





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Net Wt. 8 oz. (227g) For Best Quality Keep Refrigerated 100% PURE because we clean our machines between batches