

SUPERIOR QUALITY Eat This. Feel Better or

Your Money Back. (See our web site)\*

## Rejuvenative/ Deer Garden Foods

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

Certified Organic by OneCert Made in the USA \*Recipes & health facts at www.rejuvenative.com





## **Nutrition Facts** Serving Size 7 tablespoon (100g) Servings Per Container 4

Amount Per Serving Fat Cal. .0 Calories 25 % Daily Value Total Fat 0g

Saturated Fat 0g Trans Fat 0g Cholesterol Oma Sodium 295 mg Total Carbohydrate 6q Dietary Fiber 2g Sugars 3g

Vitamin A 2% • Vitamin C 61% Calcium 4% • Iron 3%

Protein 1a



**INGREDIENTS**: Organic cabbage, Himalayan Salt®.

THIS RAW SHREDDED SAUERKRAUT is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. This Live Raw Sauerkraut is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. TO PROLONG QUALITY: Keep as cold as possible (without freezing). Use spoon to keep surface of this life-enriching food flat. Swiftly replace the lid and refrigerate. SERVING SUGGESTIONS: Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.\* ALSO AVAILABLE, organic & in assorted sizes: 17+ flavors of Raw Cultured Vegetables, salt-free or health-salted; Raw Cultured Ketchup & Pickles; 21+ fresh, pure & Raw Nut & Seed Butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed oils to consume & apply externally; 2 unique GinkgoGreen teas; vanilla-infused Ultimate Brazilla; healthfully sweetened Chocolate Spreads & pure organic Unsweetened Chocolates.

Net Wt. 15 oz (428g)

Keep Refrigerated, Unless In Transit For Under 9 Days Below 77 Degrees F