

Rejuvenative Foods

SHREDDED

Delicious Cultured

raw sauerkraut

100% Organic

FRESH-PURE

ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD

ARTISAN

PROBIOTIC

ROYAL HIMALAYAN PINK CRYSTAL-SALTED  
A VEGAN AND GLUTEN-FREE FOOD

Net Wt. 7.5 oz (214g) Keep refrigerated, unless in transit for under 9 days below 77 degrees F

**INGREDIENTS:** Organic cabbage, Himalayan salt®.

**THIS RAW SHREDDED SAUERKRAUT** is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. Made fresh throughout the year. Natural variations of color, taste, juiciness and expansion (especially when unrefrigerated). No water or vinegar added. **TO PROLONG QUALITY:** Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food flat. Swiftly replace lid and refrigerate. **SERVING SUGGESTIONS:** Eat as condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, rice cakes. Add as is or blended to salad dressings.\*

**Nutrition Facts**

Serving Size: 100g (7 tbsps)  
Servings per container: about 2

**Amount Per Serving**

**Calories 25 Fat Cal. 5g**

**Total Fat 0.5g 1%**

**Saturated Fat 0g 0%**

**Trans Fat 0g**

**Cholesterol 0mg 0%**

**Sodium 1410mg 59%**

**Total Carbs 4g 1%**

**Dietary Fiber 5g 20%**

**Sugars 0g**

**Protein 1g**

Vitamin A 0% • Vitamin C 130%

Calcium 2% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Certified Organic by OneCert  
Made in U.S.A.

\*Recipes & health facts at  
[www.rejuvenative.com](http://www.rejuvenative.com)



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Feel Better*

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