

INGREDIENTS: "Raw" Organic, mechanically hulled sesame seeds & fresh, raw honey.

This Raw, Organic, Halvah is freshly ground two or three times to keep the temperature low enough to retain enzymes and life energy. It is then immediately refrigerated, and is guaranteed to taste better than roasted and/or ground nut and seed butters.

Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, raw cultured vegetables. We call this food "Raw"

because we grind "raw" sesame seeds at a low temperature. These and all mechanically hulled sesame seeds are soaked in water and then warm-temperature dried. Our other nut and seed butters are truly raw.

Nutrition Facts

Serving Size 1 Tbsp (14g)
Servings per container about 36

Servings per container abo	ut Ju	
Amount Per Serving		
Calories 81		
Total Fat 5.6g	9%	
Saturated Fat .8g	4%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 9mg	0%	
Total Carbs 7g	2%	
Dietary Fiber 1.1g	4%	
Sugars less than 4g		
Protein 2g	4%	
Vitamin A 0% • Vitamin C 0%		

Calcium 5% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs.

www.rejuvenative.com
Certified Organic by Montere

Certified Organic by Monterey County Certified Organic Made in U.S.A.

SUPERIOR QUALITY!

Satisfaction Guaranteed

or Your Money Back!

(contact us)

Rejuvenative Foods P.O. Box 8464

Santa Cruz, CA 95061

(831) 457-2418



100% PURE because we clean our machines between batches



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