

INGREDIENT: Organically Grown, **Raw Hazel Nuts**

We make our raw Hazel Nut Butter by grinding organic hazel nuts four or more times (from sproutable and/or fresh hazel nuts). Slow, repetitive grinding and cooling keeps the temperature low enough to retain enzymes and life energy. We then refrigerate it immediately to bring you a product that is truly superior, healthful and full of life energy! Serving Suggestions: Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, cultured vegetables. This Fresh, Raw Organic Hazel Nut Butter also tastes great with Raw Cultured Vegetables in a bowl or on your sandwich.

100% PURE because we clean our machines between batches

Nutrition Facts Serving Size | Tbsp (14g) Servings per container about 36 Amount Per Serving Calories 29 Total Fat 3g Saturated Fat 0.2g 5% 1% Trans Fat Og Cholesterol Omg 0% 0% Sodium Og 0% Total Carbs Ig Dietary Fiber 0.5g 2%

1%

Sugars less than Ig

Calcium 0% • Iron 1%

Vitamin A 0% • Vitamin C 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe highe or lower depending on your calorie needs

Protein .7



SUPERIOR OUALITY! Satisfaction Guaranteed or Your Money Back! (contact us)

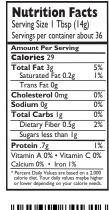
Rejuvenative Foods P.O. Box 8464 Santa Cruz, CA 95061 (831) 457-2418 www.rejuvenative.com Certified Organic by Monterey County Certified Organic Made in U.S.A.

Rejuvenative Foods



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Perishable Keep Refrigerated

Net Wt. 16 oz.

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DATE OF ORIGIN: 1/15/06 modified 3/16/06 AUTHOR: Sandy Hughes