

Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!

Fresh Raw PUMPKIN SEED BUTTER

ARTISAN

A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

For Best Quality, Keep Refrigerated NetWt. 16 oz. (454g)

INGREDIENT:

Raw, organic pumpkin seeds
To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh pumpkin seeds 4 or more times and then refrigerate. This Pumpkin Seed Butter is more readily digestible than whole dry pumpkin seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE,** organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.

100% PURE because we clean our machines between batches



SUPERIOR QUALITY!
Satisfaction Guaranteed
or Your Money Back!
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

Certified Organic by Monterey
County Certified Organic
Made in the USA

*Recipes & health facts at
www.rejuvenative.com

Nutrition Facts

Serving Size 1 Tbsp (14g)
Servings per container about 36

Amount Per Serving	
Calories 47	
Total Fat 4g	6%
Saturated Fat 0.7g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 2mg	0%
Total Carbs 1.5g	1%
Dietary Fiber 0.3g	1%
Sugars less than 1g	
Protein 2g	4%
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 7%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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