

Rejuvenative Foods

CARAWAY KIM-CHI

FRESH-PURE **100% Organic** RAW ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD
ARTISAN PROBIOTIC
A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

Perishable - Keep Refrigerated Net Wt. 64 oz. (1816g)

ORGANIC INGREDIENTS: Cabbage, carrots, ginger, caraway seeds, health sea salt, garlic, ground dried red peppers
THIS SPICY KIM CHI is a unique, handcrafted, high-fiber fresh raw cultured vegetable providing our bodies with a rich, flavorful source of living enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). Kim chi has historically been enjoyed as invigorative food worldwide. This is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. **TO PROLONG QUALITY:** Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. **SERVING SUGGESTIONS:** Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.*. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY
*Eat This · Feel Better
or Your Money Back!*
(See our web site)

Rejuvenative Foods
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Certified Organic by Monterey
County Certified Organic
Made in the USA

***Recipes & health facts at
www.rejuvenative.com**

Nutrition Facts
Serving Size: 100g (7 tbsps)
Servings per container: about 18

| Amount Per Serving | |
|---|-------------------|
| Calories 35 | Fat Cal. 0 |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 225mg | 10% |
| Total Carbs 7g | 2% |
| Dietary Fiber 2g | 8% |
| Sugars 3g | |
| Protein 1g | |
| Vitamin A 50% • Vitamin C 25% | |
| Calcium 6% • Iron 4% | |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | |

