



INGREDIENT: Organically Grown, Raw Hazel Nuts

We make our raw Hazel Nut Butter by grinding organic hazel nuts four or more times (from sproutable and/or fresh hazel nuts). Slow, repetitive grinding and cooling keeps the temperature low enough to retain enzymes and life energy. We then refrigerate it immediately to bring you a product that is truly superior, healthful and full of life energy! **Serving Suggestions:** Delicious by itself. Satisfy your sweet tooth by mixing with dried or fresh fruit, including dates, raisins, figs, apples, bananas, papaya, etc. Smooth onto rice cakes or bread. Make dressing in blender by mixing with any of the following: avocados, a little water, garlic, tomatoes, cultured vegetables. This Fresh, Raw Organic Hazel Nut Butter also tastes great with Raw Cultured Vegetables in a bowl or on your sandwich.

Nutrition Facts Serving Size I Tbsp (14g) Servings per container about 36	OVER OVER OVER OVER OVER OVER OVER OVER
Amount Per Serving	
Calories 29	AGAL!

2%

SUPERIOR QUALITY!

Satisfaction Guaranteed or Your Money Back! (see our web site)

Rejuvenative Foods

P.O. Box 8464 Santa Cruz, CA 95061 (831) 457-2418 www.rejuvenative.com

Certified Organic by Monterey County Certified Organic Made in U.S.A.



Total Fat 3g

Sodium 0g

Protein .7g

Trans Fat 0g

Total Carbs Ig

Cholesterol 0mg

Saturated Fat 0.2g

Dietary Fiber 0.5g

Sugars less than Ig

Calcium 0% • Iron 1%

Vitamin A 0% • Vitamin C 0%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs

Perishable Keep Refrigerated

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Net Wt. 16 oz.

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100% PURE because we clean our machines between batches

Rejuvenative Foods 100% Organic LOW-TEMP GROUND! FRESH AND RAW FREE OF TRANS-FATS • GLUTEN FREE

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Protein .7g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 1% Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs.



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