

Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!
FRESH AND RAW!

BLACK SESAME TAHINI

ARTISAN

A VEGAN, TRANS-FAT-FREE
AND GLUTEN-FREE FOOD

For Best Quality, Keep Refrigerated NetWt. 16 oz. (454g)

INGREDIENT: Raw, mechanically hulled, organic black sesame seeds
To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh black sesame seeds 4 or more times and then refrigerate. Black sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE,** organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 3 honey and a date- and a mulberry-sweetened dessert nut butter(s); super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY!
*Satisfaction Guaranteed
or Your Money Back!*
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

Certified Organic by Monterey
County Certified Organic
Made in the USA

*Recipes & health facts at
www.rejuvenative.com

| Nutrition Facts | |
|--|-----|
| Serving Size 1 Tbsp (14g) | |
| Servings per container about 36 | |
| Amount Per Serving | |
| Calories 86 | |
| Total Fat 7g | 11% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 11mg | 0% |
| Total Carbs 3.9g | 1% |
| Dietary Fiber 1.4g | 6% |
| Sugars less than 1g | |
| Protein 2.7g | 5% |
| Vitamin A 0% • Vitamin C 0% | |
| Calcium 6% • Iron 2% | |
| <small>* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small> | |



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