

INGREDIENT: Organically grown brazil nuts

To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of Brazil nuts 4 or more times and then refrigerate. Brazil nuts are a source of protein, selenium, magnesium and thiamine.* This Raw Brazil Nut Butter is more readily digestible than whole dry brazil nuts because it is ground up (smaller particles are more assimilable). SERVING **SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Rejuvenative Foods Cultured Vegetables and as an enhancement to sauces. Use in sushi and raw food rolls. **ALSO AVAILABLE**, organic and in assorted sizes: Santa Cruz, CA 95061 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; superfresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate *Recipes & health facts at spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY! Satisfaction Guaranteed or Your Money Back!

(See our web site)

P.O. Box 8464 (831) 462-6715 (800) 805-7957

Certified Organic by Monterey County Certified Organic Made in the USA

www.reiuvenative.com

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

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Amount Per Serving		
Calories 92 Fat Cal.		
Total Fat 7g	11%	
Saturated Fat 2.1g	11%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 0g	0%	
Total Carbs 1.7g	1%	
Dietary Fiber 1.1g	4%	
Sugars less than Ig		

Protein 2g Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2% Percent Daily Values are based on a 2,000



100% PURE because we clean our machines between batches



LOW-TEMP GROUND!

For Best Quality, Keep Refrigerated Net Wt. 16 oz. (454g)

FRESH RAW BRAZII. NUT AVEGAN, TRANS-FAT-FREE AND GLUTEN FREE FOOD

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* Percent Daily Values are based or calorie diet. Your daily values may	be higher	



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