

INGREDIENT: Raw, organic hazel nuts

To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh hazel nuts 4 or more times and then refrigerate. This Hazel Nut Butter is more readily digestible than whole dry hazel nuts because it is ground up (smaller particles are more assimilable). SERVING SUGGESTIONS: Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an Rejuvenative Foods enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. ALSO AVAILABLE, organic Santa Cruz, CA 95061 and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely lowtemp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY! Satisfaction Guaranteed or Your Money Back!

(See our web site)

P.O. Box 8464 (831) 462-6715 (800) 805-7957

Certified Organic by Monterey County Certified Organic Made in the USA

*Recipes & health facts at www.rejuvenative.com

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

Amount Per Serving	
Calories 29	
Total Fat 3g	5%
Saturated Fat 0.2g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0g	0%
Total Carbs g	0%
Dietary Fiber 0.5g	2%
Sugars less than Ig	
Protein .7g	1%
Vitamin A 0% • Vitamin C 0%	

Calcium 0% • Iron 1% Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher



100% PURE because we clean our machines between batches



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