

Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!

Fresh Raw *Luscious* Seed & Nut Spread

ARTISAN

A VEGAN, TRANS-FAT-FREE
GMO-FREE AND GLUTEN-FREE FOOD

INGREDIENTS: Organically grown raw almonds, sunflower seeds and sesame seeds.

To make this superior, creamy, delicious, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh almonds, sunflower and sesame seeds 4 or more times and then refrigerate. This Luscious Seed & Nut Spread is more readily digestible than whole dry nuts and seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; superfresh raw completely low-temp processed health oils to consume; and healthfully sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY.
*Satisfaction Guaranteed
or Your Money Back.*
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

Certified Organic by OneCert
Made in the USA

*Recipes & health facts at
www.rejuvenative.com

Nutrition Facts

Serving Size 1tablespoon (14g)
Servings Per Container 36

Amount Per Serving	
Calories 55	Fat Cal. 25
% Daily Value*	
Total Fat 7g	7%
Saturated Fat 1g	3%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3 mg	0%
Total Carbohydrate 2.1g	1%
Dietary Fiber 1g	4%
Sugars less than 1g	
Protein 2g	4%
Vitamin A 0% • Vitamin C 0%	
Calcium 3% • Iron 2%	

* Percent Daily Values are based on a 2,000 calorie diet.



For Best Quality, Keep Refrigerated Net Wt. 16 oz. (454g)

100% PURE because we clean our machines between batches