

Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!

Fresh Raw Luscious Seed & Nut Spread

ARTISAN

AVEGAN, TRANS-FAT-FREE
AND GLUTEN-FREE FOOD



For Best Quality, Keep Refrigerated Net Wt. 16 oz. (454g)

INGREDIENTS: Organically grown raw almonds sunflower seeds, and sesame seeds

To make this superior, creamy, delicious, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh almonds, sunflower and sesame seeds 4 or more times and then refrigerate. This Luscious Seed & Nut Spread is more readily digestible than whole dry nuts and seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.

100% PURE because we clean our machines between batches



SUPERIOR QUALITY!
Satisfaction Guaranteed
or Your Money Back!
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

Certified Organic by OneCert
Made in the USA

*Recipes & health facts at
www.rejuvenative.com

Nutrition Facts

Serving Size 1 Tbsp (14g)
Servings per container about 36

Amount Per Serving	
Calories 55	
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbs 2.1g	1%
Dietary Fiber 1g	4%
Sugars less than 1g	
Protein 2g	4%
Vitamin A 0% • Vitamin C 0%	
Calcium 3% • Iron 2%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



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