

# Rejuvenative Foods

100% Organic

LOW-TEMP GROUND! SWEET & DELICIOUS

Sesame & Honey

# Fresh Raw Halvah

ARTISAN

Smooth & Creamy Candy in a Jar

A TRANS-FAT FREE AND GLUTEN-FREE-FOOD

**INGREDIENTS:** "Raw" organic, mechanically hulled sesame seeds & fresh, raw honey

To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh sesame seeds 4 or more times and then refrigerate. Sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids\*, and have been enjoyed by world cultures for thousands of years. Honey contains numerous trace minerals such as iron, copper and magnesium that are essential to human health. Halvah is one of the world's oldest candies. **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces. Use in sushi and raw food rolls. **ALSO AVAILABLE,** organic and in assorted sizes: 11 flavors of Raw Cultured Vegetables, salt-free or salted; 17 fresh, pure and raw nut and seed butters, including 4 honey and a date-sweetened dessert nut butter(s); super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



**SUPERIOR QUALITY!**  
Satisfaction Guaranteed  
or Your Money Back!  
(See our web site)

**Rejuvenative Foods**  
P.O. Box 8464  
Santa Cruz, CA 95061  
(831) 462-6715  
(800) 805-7957

Certified Organic by Monterey  
County Certified Organic  
Made in the USA

\*Recipes & more at  
[www.rejuvenative.com](http://www.rejuvenative.com)

## Nutrition Facts

Serving Size 1 Tbsp (14g)  
Servings per container about 36

Amount Per Serving			
<b>Calories</b>	81	<b>Fat Cal.</b>	50
<b>Total Fat</b>	5.6g		9%
Saturated Fat	.8g		4%
Trans Fat	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	9mg		0%
<b>Total Carbs</b>	7g		2%
Dietary Fiber	1.1g		4%
Sugars	less than 4g		
<b>Protein</b>	2g		4%
Vitamin A	0% • Vitamin C	0%	
Calcium	5% • Iron	2%	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



0 45626 84102 6

Perishable-Keep Refrigerated

Net Wt. 16 oz. (454g)

**100% PURE** because we clean our machines between batches

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