

INGREDIENT: Organic sunflower seeds

To make this superior, creamy, healthy and full of life energy, we lowtemperature grind, then cool small batches of fresh sunflower seeds 4 or more times and then refrigerate. Sunflower seeds are a source of protein, calcium, iron, potassium, Vitamin E and essential fatty acids*. This Raw Sunflower Butter is more readily digestible than whole dry sunflower seeds because it is ground up (smaller particles are more assimilable). SERVING SUGGESTIONS: Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados. water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Rejuvenative Foods Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. ALSO AVAILABLE, organic Santa Cruz, CA 95061 and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; Certified Organic by OneCert super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR OUALITY!

Satisfaction Guaranteed or Your Money Back! (See our web site)

P.O. Box 8464 (831) 462-6715

(800) 805-7957

Made in the USA *Recipes & health facts at www.rejuvenative.com ⁰

Nutrition Facts

Serving Size | Tbsp (14g) Servings per container about 36

Amount Per Serving		
Calories 93 Fat C	al. 72	
Total Fat 8g	12%	
Saturated Fat 0.8g	4%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 0mg	0%	
Total Carbs 4.4g	2%	
Dietary Fiber 1g	4%	
Sugars less than Ig		

Protein 3g Vitamin A 0% • Vitamin C 1% Calcium 2% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs.



100% PURE because we clean our machines between batches

iuvenative Foods 100% Organic OW-TEMP GROUND! AVEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD For Best Quality, Keep Refrigerated Net Wt. 16 oz. (454g)

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