

Rejuvenative Foods



AVEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

For Best Quality, Keep Refrigerated Net Wt. 64 oz. (1816g)

INGREDIENT: Organic sunflower seeds

To make this superior, creamy, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh sunflower seeds 4 or more times and then refrigerate. Sunflower seeds are a source of protein, calcium, iron, potassium, Vitamin E and essential fatty acids*. This Raw Sunflower Butter is more readily digestible than whole dry sunflower seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY!
Satisfaction Guaranteed
or Your Money Back!
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

Certified Organic by Monterey
County Certified Organic
Made in the USA

*Recipes & health facts at
www.rejuvenative.com

Nutrition Facts

Serving Size 1 Tbsp (14g)
Servings per container about 144

| Amount Per Serving | | | |
|--------------------|--------------|-----------------|-----|
| Calories | 93 | Fat Cal. | 72 |
| Total Fat | 8g | | 12% |
| Saturated Fat | 0.8g | | 4% |
| Trans Fat | 0g | | |
| Cholesterol | 0mg | | 0% |
| Sodium | 0mg | | 0% |
| Total Carbs | 4.4g | | 2% |
| Dietary Fiber | 1g | | 4% |
| Sugars | less than 1g | | |
| Protein | 3g | | 6% |
| Vitamin A | 0% | Vitamin C | 1% |
| Calcium | 2% | Iron | 4% |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



100% PURE because we clean our machines between batches

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