Rejuvenative Foods

100% Organic

LOW-TEMP GROUND!

Fresh Raw Tahini

ARTISAN

A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

INGREDIENT: Raw mechanically hulled, organic sesame seeds

To make this superior, creamy, delicious, healthful and full of life energy, we low-temperature grind, then cool small batches of fresh sesame seeds 4 or more times and then refrigerate. Sesame seeds are a source of calcium, protein, B vitamins and essential fatty acids* and have been enjoyed by world cultures for thousands of years. This Raw Tahini is more readily digestible than whole dry sesame seeds because it is ground up (smaller particles are more assimilable). **SERVING SUGGESTIONS:** Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. **ALSO AVAILABLE,** organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.

FRESH – LIVE OVER 25 YEARS ORGANIC

SUPERIOR QUALITY!
Satisfaction Guaranteed or Your Money Back!
(See our web site)

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957
Certified Organic by OneCert
Made in the USA
*Recipes & health facts at www.rejuvenative.com

Nutrition Facts

Serving Size 1 Tbsp (14g)
Servings per container about 144

Amount Per Serving	
Calories 86	**Fat Cal.** 63

	% Daily Value
Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 11mg	1%
Total Carbs 3.9g	1%
Dietary Fiber 1.4g	6%
Sugars less than 1g	
Protein 2.7g	5%

Vitamin A 0% • Vitamin C 0%
Calcium 6% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs.

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For Best Quality, Keep Refrigerated   Net Wt. 64 oz. (1816g) **100% PURE** *because we clean our machines between batches*