## **Rejuvenative Foods**



**INGREDIENT:** Organic sunflower seeds

To make this superior, creamy, healthy and full of life energy, we low-temperature grind, then cool small batches of fresh sunflower seeds 4 or more times and then refrigerate. Sunflower seeds are a source of protein, calcium, iron, potassium, Vitamin E and essential fatty acids\*. This Raw Sunflower Butter is more readily digestible than whole dry sunflower seeds because it is ground up (smaller particles are more assimilable). SERVING SUGGESTIONS: Delicious by itself, on rice cakes or bread. Sweeten with dried or fresh fruit, honey, agave or sweetener of choice. Make dressing\* in blender by mixing with any of the following: avocados, water, garlic, tomatoes, cultured vegetables. Delicious with Raw Cultured Vegetables and as an enhancement to sauces, rice, grains and beans. Use in tortillas, sushi, raw food rolls & burritos. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



## **SUPERIOR QUALITY!**

Satisfaction Guaranteed or Your Money Back! (See our web site)

## **Rejuvenative Foods**

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957 Certified Organic by OneCert

Made in the USA
\*Recipes & health facts:

\*Recipes & health facts at www.rejuvenative.com

## **Nutrition Facts**

Serving Size 1 Tbsp (14g)
Servings per container about 144

Amount Per Serving	
Calories 93 Fat Cal.	. 72
Total Fat 8g	2%
Saturated Fat 0.8g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbs 4.4g	2%
Dietary Fiber 1g	4%
Sugars less than Ig	
Protein 3g	6%
Vitamin A 0% • Vitamin C	1%
Calcium 2% • Iron 4%	
* Percent Daily Values are based on a 2 calorie diet. Your daily values maybe h	



100% PURE because we clean our machines between batches