

Rejuvenative Foods

Delicious **raw sauerkraut** Cultured

SALT-FREE
CABBAGE DILL

FRESH-PURE **100% Organic** ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD

ARTISAN PROBIOTIC

A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

Perishable - Keep Refrigerated Net Wt. 64 oz (1816g)

ORGANIC INGREDIENTS: Cabbage, fresh-squeezed pure lemon juice and dill
THIS RAW SAUERKRAUT is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and other cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. This Live Raw Sauerkraut is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. **TO PROLONG QUALITY:** Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. **SERVING SUGGESTIONS:** Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings. *As a transition from mother's milk, babies love a little of the juice from this Sauerkraut on a spoon. And when babies are ready, enjoy this perfect baby food. **ALSO AVAILABLE,** organic and in assorted sizes: 11 flavors of Raw Cultured Vegetables, salt-free or salted; 17 fresh, pure and raw nut and seed butters, including 4 honey and a date-sweetened dessert nut butter(s); super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY
*Eat This • Feel Better
 or Your Money Back!*
 (See our web site)

Rejuvenative Foods
 P.O. Box 8464
 Santa Cruz, CA 95061
 (831) 462-6715
 (800) 805-7957
 Certified Organic by Monterey
 County Certified Organic
 Made in the USA

*Recipes & health facts at
www.rejuvenative.com

Nutrition Facts	
Serving Size: 100g (7 tbsps)	
Servings per container: about 18	
Amount Per Serving	
Calories 20	Fat Cal. 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160 mg	7%
Total Carbs 3g	1%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 140%	
Calcium 2% • Iron 6%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	



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Total Carbs 3g	1%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 1g	
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Calcium 2% • Iron 6%	
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Cyan
Magenta
Yellow
Black