

INGREDIENTS: Cabbage*, carrots*, ginger*, caraway seeds*, high mineral health salt, garlic*, ground dried red peppers*

*Organic

THIS SPICY KIM CHI is a unique, handcrafted, high-fiber fresh raw cultured vegetable providing our bodies with a rich, flavorful source of living enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). Kim chi has historically been enjoyed as invigorative food worldwide. This is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. **SERVING SUGGESTIONS:** Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings. *. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY

Eat This · Feel Better or Your Money Back! (See our web site)

Rejuvenative Foods

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Certified Organic by OneCert Made in the USA

*Recipes & health facts at www.rejuvenative.com

Nutrition Facts

Serving Size: 100g (7 tbsps) Servings per container: about 18

Amount Per Serving	
Calories 35 Fat	Cal. 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 225mg	10%
Total Carbs 7g	2%
Dietary Fiber 2g	8%
Sugars 3g	
Protein Ig	
Vitamin A 50% • Vitam	in C 25%
Calcium 6% • Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs



Keep refrigerated, unless in transit for under 9 days below 77 degrees F