

Net Wt. 64 oz (1816g)

ORGANIC INGREDIENTS: Cabbage, beets, carrots, fresh-squeezed pure lemon juice, dill, garlic. THIS VEGI-DELITE ZING SALAD is a unique, handcrafted, high-fiber fresh raw cultured vegetable providing our bodies with a rich, flavorful source of living enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). This Vegi-Delite Zing Salad is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water, vinegar or salt is added. While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. SERVING SUGGESTIONS: Eat as condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.* As a transition from mother's milk, babies love a little of the juice from this Vegi-Delite on a spoon. And when babies are ready, enjoy this perfect baby food. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely lowtemp processed health oils to consume and apply externally, and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY Eat This · Feel Better or Your Money Back! (See our web site) **Rejuvenative Foods** P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957 Certified Organic by OneCert Made in the USA *Recipes & health facts at www.rejuvenative.com



Nutrition Facts

Servings per container: about 18

Serving Size 100g (7 tbsps)

Amount Per Serving

Calories from Fat 0

Saturated Fat Og

% Daily Value*

0%

0%

2%

2%

4%

Calories 40

Total Fat Og

Trans Fat Og

Sodium 45mg

Sugars 3g

Protein La

Total Carbs 6g

Dietary Fiber Ig

Vitamin A 0% • Vitamin C 0%

Cholesterol Omg

Keep refrigerated, unless in transit for under 9 days below 74 degrees F