

INGREDIENTS: Cabbage*, carrots*, ginger*, caraway seeds*, high mineral health salt, garlic*, ground dried red peppers

THIS SPICY KIM CHI is a unique, handcrafted, high-fiber fresh raw cultured vegetable providing our bodies with a rich, flavorful source of living enzymes and lactobacilli (a microffora we naturally receive from mother's milk as infants that enhances our digestion and overall health). Kim chi has historically been enjoyed as invigorative food worldwide. This is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added. TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. SERVING SUGGESTIONS: Rejuvenative Foods Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw ACTIVE ENZYMES organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.*. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR OUALITY

Eat This · Feel Better or Your Money Back! (See our web site)

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957 Certified Organic by OneCert

Made in the USA *Recipes & health facts at www.rejuvenative.com

Nutrition Facts Serving Size: 100g (7 tbsps)

Servings per container: about 18 mount Per Serving Calories 35 Fat Cal. 0 Total Fat 0g

Saturated Fat Trans Fat 0g Cholesterol 0mg Sodium 225mg 2% Total Carbs 7g Dietary Fiber 2g Sugars 3g Protein lg

Vitamin A 50% • Vitamin C 25% Calcium 6% • Iron 4%

* Percent Daily Values are based or a 2.000 calorie diet. Your daily value aybe higher or lower depend n your calorie needs.



Keep refrigerated, unless in transit for under 9 days below 77 degrees F



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Total Carbs 7g	2%
Dietary Fiber 2g	8%
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