

**ORGANIC INGREDIENTS:** Cabbage, beets, carrots, fresh-squeezed pure lemon juice, dill, garlic THIS VEGI-DELITE ZING SALAD is a unique, handcrafted, high-fiber fresh raw cultured vegetable providing our bodies with a rich, flavorful source of living enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). This Vegi-Delite Zing Salad is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water, vinegar or salt is added. While raw sauerkrauts and cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate. SERVING SUGGESTIONS: Eat as condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.\* As a transition from mother's milk, babies love a little of the juice from this Vegi-Delite on a spoon. And when babies are ready, enjoy this perfect baby food. ALSO AVAILABLE, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely lowtemp processed health oils to consume and apply externally, and honey- or agave-sweetened chocolate A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD spreads that are guaranteed to be a Fresh-Pure favorite.



**SUPERIOR QUALITY** Eat This · Feel Better

or Your Money Back! (See our web site)

#### Reiuvenative Foods

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957 Certified Organic by OneCert Made in the USA

\*Recipes & health facts at www.rejuvenative.com

## **Nutrition Facts** Serving Size 100g (7 tbsps)

Servings per container: about 18

Amount Per Serving Calories 40

Calories from Fat 0 % Daily Value Total Fat 0g

Saturated Fat 0g 0% Trans Fat 0g 0% Cholesterol 0mg Sodium 45mg Total Carbs 6g 2%

4%

Dietary Fiber Ig Sugars 3g

Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0%

\*Percent Daily Values are based on a 2.000 calorie diet. Your daily values maybe higher or lower depending o your calorie needs



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Sugars 3g Protein Ig Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0% \*Percent Daily Values are based on a

2,000 calorie diet. Your daily values maybe higher or lower depending o your calorie needs.



DATE MODIFIED: 08/23/10 FILE NAME: USA 64oz VD 2up.indd **AUTHOR: Robert Hayek** 

Keep refrigerated, unless in transit for under 9 days below 74 degrees F

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