

Rejuvenative Foods

CARAWAY

KIM-CHI



Organic FRESH RAW

Vegan

A Trans-Fat-Free and Gluten-Free Food

Net Wt. 7.5 oz (214g) Perishable-Keep Refrigerated (Except in Transit)

ORGANIC INGREDIENTS: Cabbage, carrots, ginger, caraway seeds, health sea salt, garlic, ground dried red peppers

WHAT IS THIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into stainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. SERVING SUGGESTIONS: Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes.

Nutrition Facts

Serving Size: 100g (7 tbsps) Servings per container: about 2

Table with columns for Amount Per Serving, Calories, Total Fat, Saturated Fat, Trans Fat, Cholesterol, Sodium, Total Carbs, Dietary Fiber, Sugars, and Protein. Includes percentages and micronutrient information.

Rejuvenative Foods

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

www.rejuvenative.com

Certified Organic by Monterey County Certified Organic Made in U.S.A.



SUPERIOR QUALITY!

Eat This Feel Better

or Your Money Back! (See our web site)

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