

INGREDIENTS: Cabbage*, broccoli*, carrots*, dandelion greens* onions*, fresh squeezed pure lemon juice, ginger*, fennel*, garlic*, thyme*, basil*, sage*, rosemary*, celery seed*, ground dried red peppers*. Ingredients with an asterisk are organically grown. This is a unique salt-free Kim Chi for special "no salt" and low sodium diets. What is this product? Kim-Chi has been a staple in the Korean diet for centuries. Fresh, shredded unheated vegetables are put into a stainless steel container and left to culture for five to seven days. These delicious, high fiber, unheated, organic cultured vegetables are one of the richest sources of lactobacilli and enzymes available. Serving Suggestions: Add delicious live zing to meals! Serve on: rice or rice cakes with fresh raw organic almond (or other nut and seed butters or mixtures), tortillas, avocados, vegetables, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches and omelettes.

Nutrition Facts

Serving Size 100g (7tbsps) Servings per container: about 2

0.1	
Amount Per Serving	
Calories 35	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 34mg	1%
Total Carbs 6g	2%
Dietary Fiber 3g	12%
Sugars 2g	

Protein 2g Vitamin A 25% • Vitamin C 60% Calcium 4% • Iron 4% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending or your calorie needs.

Rejuvenative Foods

P.O. Box 8464 Santa Cruz, CA 95061 (800) 805-7957 (831) 462-6715

www.rejuvenative.com

Certified Organic by Monterey County Certified Organic Made in U.S.A.



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