

Rejuvenative Foods

SEA VEGETABLE GARDEN

KIM-CHI



Organic
FRESH
RAW

Vegan

A Trans-Fat-Free and Gluten-Free Food

NetWt. 7.5 oz (214g) Perishable-Keep Refrigerated (Except in Transit)

ORGANIC INGREDIENTS: Cabbage, celery, carrots, fresh-squeezed pure lemon juice, ginger, sea vegetables, thyme, basil, sage, rosemary, lemon thyme, ground dried red peppers

WHAT IS THIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into stainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. **SERVING SUGGESTIONS:** Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes.

Nutrition Facts

Serving Size: 100g (7 tbsps)
Servings per container: about 2

Amount Per Serving	
Calories 25	Fat Cal. 5
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbs 4g	1%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 160%	
Calcium 8% • Iron 6%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods

P.O. Box 8464
Santa Cruz, CA 95061
(831) 462-6715
(800) 805-7957

www.rejuvenative.com

Certified Organic by
Monterey County Certified Organic
Made in U.S.A.



SUPERIOR QUALITY!

*Eat This
Feel Better
or Your Money Back!*
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