

Rejuvenative Foods
FRESH • RAW • SPICY
 Vegan
KIM-CHI
 Organic FRESH RAW
 A Trans-Fat-Free and Gluten-Free Product
 Net Wt 7.5oz (214g) Perishable Keep Refrigerated


INGREDIENTS: Cabbage*, carrots*, onions*, ginger*, high mineral health salt, ground dried red pepper* *Ingredients with an *are certified organically grown.*
What is this product? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, unheated vegetables which are put into stainless steel containers and left to culture for five to seven days. No water or vinegar is added. These delicious, high-fiber, low-fat, unheated, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. **Serving Suggestions:** Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes. (Except in Transit)

Nutrition Facts
 Serving Size 100g (7 tbsps)
 Servings per container: about 2


Amount Per Serving	
Calories 25	
Calories from Fat 0	
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 690mg	29%
Total Carbs 5g	2%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 160%	
Calcium 8% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods
 P.O. Box 8464
 Santa Cruz, CA 95061
 (800) 805-7957
 (831) 462-6715
www.rejuvenative.com
 Certified Organic by
 Monterey County Certified Organic
 Made in U.S.A.



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SUPERIOR QUALITY!
*Eat This
 Feel Better or
 Your Money Back!*
 (See our web site)

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