

Rejuvenative Foods

Delicious Cultured **raw** cabbage dill **sauerkraut**

Salt Free! Organic FRESH RAW Active Enzymes

Vegan

A Trans-Fat-Free and Gluten-Free Product

Net Wt 7.5oz (214g) Perishable Keep Refrigerated

INGREDIENTS: Certified organic cabbage, lemon juice and dill.

ABOUT RAW SAUERKRAUT: While sauerkrauts and cultured vegetables have been used as healthful food in various cultures around the world, most commercially available sauerkrauts are processed with heat that eliminates the naturally occurring enzymes and microflora that are so beneficial to the digestive tract. Rejuvenative Foods Raw Sauerkraut is a handcrafted fresh cultured vegetable, high in fiber and low in fat, which provides a flavorful rich source of enzymes and lactobacilli (a microflora, naturally implanted by mother's milk, normally present in a healthy human digestive tract).


TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use a spoon to keep the surface of the product flat; leave no holes. Immediately replace the lid and refrigerate. **SERVING SUGGESTIONS:** Add to any meal for a delicious, live zing taste sensation. Serve with or on: rice or rice cakes with fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, avocados, vegetables, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes.

Nutrition Facts
Serving Size 100g (7tbsp)
Servings per container: about 2


Amount Per Serving	
Calories 20	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbs 3g	1%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 140%	
Calcium 2% • Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods
P.O. Box 8464
Santa Cruz, CA 95061
(800) 805-7957
(831) 462-6715
www.rejuvenative.com
Certified Organic by
Monterey County Certified Organic
Made in U.S.A.



0 45626 85017 2



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*Eat This
Feel Better or
Your Money Back!*
(See our web site)

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