

Rejuvenative Foods

Delicious Cultured

raw sea salted sauerkraut

Organic FRESH RAW

Active Enzymes

◆ Vegan ◆

A Trans-Fat-Free and Gluten-Free Product

Net Wt 7.5oz (214g) Perishable Keep Refrigerated

**INGREDIENTS:** Certified organic cabbage, high mineral health salt.

**ABOUT RAW SAUERKRAUT:** While sauerkrauts and cultured vegetables have been used as healthful food in various cultures around the world, most commercially available sauerkrauts are processed with heat that eliminates the naturally occurring enzymes and microflora that are so beneficial to the digestive tract. Rejuvenative Foods Raw Sauerkraut is a handcrafted fresh cultured vegetable, high in fiber and low in fat, which provides a flavorful rich source of enzymes and lactobacilli (a microflora, naturally implanted by mother's milk, normally present in a healthy human digestive tract).

**TO PROLONG QUALITY:** Keep as cold as possible (don't freeze). Use a spoon to keep the surface of the product flat; leave no holes. Immediately replace the lid and refrigerate. **SERVING SUGGESTIONS:** Add to any meal for a delicious, live zing taste sensation. Serve with or on: rice or rice cakes with fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, avocados, vegetables, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes.

**Nutrition Facts**  
 Serving Size 100g (7 tbsps)  
 Servings per container: about 2

Amount Per Serving	
Calories 25	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	59%
Total Carbs 4g	1%
Dietary Fiber 5g	20%
Sugars 0g	
Protein 1g	
Vitamin A 0% • Vitamin C 130%	
Calcium 2% • Iron 6%	


\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Rejuvenative Foods


P.O. Box 8464  
 Santa Cruz, CA 95061  
 (800) 805-7957  
 (831) 462-6715

www.rejuvenative.com

Certified Organic by  
 Monterey County Certified Organic  
 Made in U.S.A.



0 45626 85024 0



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