

**Rejuvenative Foods**  
CARAWAY  
**KIM-CHI**

FRESH-PURE **100% Organic** ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD  
ARTISAN PROBIOTIC

A VEGAN, TRANS-FAT-FREE, GLUTEN-FREE FOOD

Net Wt. 7.5 oz (214g) Keep refrigerated, unless in transit for under 9 days below 77 degrees F

**INGREDIENTS:** Cabbage\*, carrots\*, ginger\*, caraway seeds\*, high mineral health salt, garlic\*, ground dried red peppers\* \* Organic

**WHAT IS THIS PRODUCT?** Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into stainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available.

**SERVING SUGGESTIONS:** Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza, eggs, potatoes, meat, sandwiches & omelettes.

**Nutrition Facts**  
Serving Size: 100g (7 tbsps)  
Servings per container: about 2


Amount Per Serving	
<b>Calories</b> 35	<b>Fat Cal.</b> 0g
<b>Total Fat</b> 0g	0%
<b>Saturated Fat</b> 0g	0%
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 225mg	10%
<b>Total Carbs</b> 7g	2%
<b>Dietary Fiber</b> 2g	8%
<b>Sugars</b> 3g	
<b>Protein</b> 1g	
Vitamin A 50% • Vitamin C 25%	
Calcium 6% • Iron 4%	

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Rejuvenative Foods**  
P.O. Box 8464  
Santa Cruz, CA 95061  
(831) 462-6715  
(800) 805-7957

Certified Organic by OneCert  
Made in U.S.A.

\*Recipes & health facts at [www.rejuvenative.com](http://www.rejuvenative.com)



0 45626 85055 4

**FRESH-LIVE OVER 25 YEARS ORGANIC**

**SUPERIOR QUALITY!**  
*Eat This  
Feel Better  
or Your Money Back!*  
(See our web site)

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