

ORGANIC INGREDIENTS: Cabbage, broccoli, carrots, dandelion greens, onions, fresh squeezed pure lemon juice, ginger, fennel, garlic, thyme, basil, sage, rosemary, celery seed, ground dried red peppers.

This is a unique salt-free Kim Chi for special "no salt" and low sodium diets. WHAT ISTHIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into staainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. SERVING SUGGESTIONS: Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza,

### **Nutrition Facts** Serving Size 100g (7tbsps)

Servings per container: about 2 Amount Per Serving

Total Fat 0 Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% odium 34ms 1% Total Carbs 6 Dietary Fiber 3g 12% Sugars 2g

Protein 2g /itamin A 25% • Vitamin C 60% Calcium 4% • Iron 4%

Percent Daily Values are based on 2,000 calorie diet. Your daily values naybe higher or lower depending o your calorie needs.

# **Rejuvenative Foods**

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715

(800) 805-7957 Certified Organic by OneCert Made in U.S.A.

\*Recipes & health facts at Eat This www.rejuvenative.com Feel Better



or Your Money Back! (See our web site)

**QUALITY!** 



**ORGANIC INGREDIENTS:** Cabbage, broccoli, carrots, dandelion greens, onions, fresh squeezed pure lemon juice, ginger, fennel, garlic, thyme, basil, sage, rosemary, celery seed, ground dried red peppers.

This is a unique salt-free Kim Chi for special "no salt" and low sodium diets. WHAT ISTHIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into staainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated, raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. SERVING SUGGESTIONS: Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza,

# **Nutrition Facts**

Serving Size 100g (7tbsps)

servings per container:	about 2
Amount Per Serving	
Calories 35	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 34mg	1%
Total Carbs 6g	2%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 2g	

/itamin A 25% • Vitamin C 60% Calcium 4% • Iron 4%

\*Percent Daily Values are based on 2,000 calorie diet. Your daily values naybe higher or lower depending o

# **Rejuvenative Foods**

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

Certified Organic by OneCert Made in U.S.A.

\*Recipes & health facts at www.rejuvenative.com Feel Better



or Your Money Back! (See our web site)

OVER 25 Y

**SUPERIOR** 

QUALITY!

Eat This

Net Wt. 7.5 oz (214g) Keep refrigerated, unless in transit for under 9 days below 74 degrees F

# Rejuvenative Foods



A VEGAN, TRANS-FAT-FREE, GLUTEN-FREE FOOD eggs, potatoes, meat, sandwiches & omelettes.

ORGANIC INGREDIENTS: Cabbage, broccoli, carrots, dandelion greens, onions, fresh squeezed pure lemon juice, ginger, fennel, garlic, thyme, basil, sage, rosemary, celery seed, ground dried red peppers.

This is a unique salt-free Kim Chi for special "no salt" and low sodium diets. WHAT ISTHIS PRODUCT? Kim-Chi has been a staple in the Korean diet for centuries. It is made from fresh, shredded, nonheated vegetables (see ingredients) which are put into staainless steel containers and left to culture for 5 to 7 days. No water or vinegar is added. These delicious, high-fiber, low-fat, nonheated. raw, organic, cultured vegetables are one of the richest sources of lactobacilli and enzymes available. SERVING SUGGESTIONS: Add delicious live zing to meals! Serve with or on: rice cakes with fresh raw organic almond butter (or other nut and seed butters), tortillas, avocados, salads, seeds, nuts, grains, pizza,

Net Wt. 7.5 oz (214g) Keep refrigerated, unless in transit for under 9 days below 74 degrees F

### **Nutrition Facts**

Serving Size 100g (7tbsps) Servings per container: about 2

Amount Per Serving		
Calories 35		
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 34mg	1%	
Total Carbs 6g	2%	
Dietary Fiber 3g	12%	
Sugars 2g		
Protein 2a		

/itamin A 25% • Vitamin C 60% Calcium 4% • Iron 4% \*Percent Daily Values are based on 2,000 calorie diet. Your daily values

naybe higher or lower depending o

# **Rejuvenative Foods**

P.O. Box 8464 Santa Cruz, CA 95061 (831) 462-6715 (800) 805-7957

Certified Organic by OneCert Made in U.S.A.

\*Recipes & health facts at Eat This www.rejuvenative.com Feel Better



or Your Money Back! (See our web site)

SUPERIOR

QUALITY!

DATE MODIFIED: 08/28/10 FILE NAME: USA\_7.5oz\_KC\_GardnSF\_3up.indd AUTHOR: Robert Hayek